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DEPARTMENT OF HEALTH AND HUMAN SERVICES
PUBLIC HEALTH BRANCH

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FOR IMMEDIATE RELEASE

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SUBJECT: Isolating and Quarantining During Surge

As the rate of transmission of COVID-19 continues to be extremely high in Del Norte County, with increased hospitalizations and deaths, Del Norte County Public Health would like to remind our community of the following:

All individuals who test positive should [isolate for 10 days](#) from the start of symptoms (or their positive test if asymptomatic) and **should remain at home** and away from others for that entire period. This includes those who have received a positive result from a home test or rapid antigen test, such as BinaxNOW.

Quarantine for Close Contact:

- Unvaccinated Contacts - Must stay at home for 10 days after last contact with the positive case.
- Fully Vaccinated Contacts - If no symptoms, do not need to quarantine.

Testing for Close Contact:

- Unvaccinated Contacts - Get tested immediately. If test negative, must: Still **remain at home** until the quarantine period is over. Be tested again in 5-7 days after last contact with the Case or immediately if symptoms develop.
- Fully Vaccinated Contacts - Get tested at 3-5 days after last contact with the Case, even if not having symptoms.
- Individuals should get tested either through pharmacies, healthcare provider offices, or at any of the [free testing sites](#) in the county.